

Presented by:



MEDICAL MUTUAL®

As a race participant,
you can achieve your own
personal goals while your team

INCREASES AWARENESS

for individuals with disabilities
striving for independence



INSPIRED TO RACE!

Sunday
July 23, 2017

North Coast
Harbor

Downtown Cleveland



**Pacific Sports
will make
a donation
to UCP of
Greater Cleveland
in honor of
all Team UCP
participants**

To Register:

- Go to pacificsportsllc.com/cleveland-tri-registration and click 'Register Online'
- Find your race distance and select the "Team UCP" option. Click "Register Now"
- Members should log into their **active.com** account, or create a new account if you do not already have one
- Fill necessary information into the form
- When asked "Are you participating as part of a UCP team?" Click "Yes"
- If you are part of a specific team, choose from the teams in the drop down tab. If you do not see your team name listed, contact Emily Hastings at ehastings@ucpcleveland.org or (216) 791-8363 ext. 1232. If you are an individual member of the general Team UCP, select "Team UCP General."

To Create a Fundraising Page:

- Go to www.active.com/donate/teamucp2017
 - Click "Become A Fundraiser" at the very top
 - From there you will have three options:
 - "Create a Fundraising Team" – This is for team captains to create their fundraising team
 - "Join a Fundraising Team" – If you want to join a pre-existing fundraising team, click this option and then choose the team from the drop down tab. Once the team's fundraising page pops up, click the button at the very top that says "Create a team member fundraising page!"
 - "Fundraise as an Individual" – This is for people who are part of the General Team UCP
 - You will then be asked to log into your **active.com** account, or create a new account if you do not already have one
 - You then fill in the necessary information and click "Save & Finish"
- If you have any questions about registering or creating a fundraising page, please do not hesitate to contact Emily Hastings at ehastings@ucpcleveland.org or (216) 791-8363 ext 1232.*

Inspired to TRI Team UCP Race Options

Super Sprint
Swim-300 yards
Bike – 8 miles
Run -1.5 miles

Sprint
Swim – 0.4 miles
Bike – 16 miles
Run-5k

Olympic
Swim-1.5k
Bike-24 miles
Run-10k

Relay
Any Distance

**Youth Course
Ages 11-14:**
swim-200m
bike-5 miles
Run-2k

**Youth Course
Ages 7-10:**
swim-100m
Bike-2.5 miles
run-1k

Visit:

www.clevetriclub.com

- OR -

www.beginnertriathlete.com

for information and
resources on training

For further information and
race details please visit

[www.pacificsportsllc.com/
cleveland-tri-event-info](http://www.pacificsportsllc.com/cleveland-tri-event-info)

or contact us at
(216) 791-8363 ext. 1232 or
TeamUCP@ucpcleveland.org