

Lose The Training Wheels... Comes to Cleveland August 8 – 12, 2011

Lose The Training Wheels[™] is a specialized bicycle camp that teaches children with mental and/or physical disabilities how to ride regular bicycles without training wheels. Children start off on stable, roller-wheeled bikes and progress to increasingly less stable bikes. Participants will attend camp for 75 minutes each day. By week's end, the majority of children are on regular bikes without any support.

http://storybridge.tv/chronicles/011

Who can participate?

Lose The Training Wheels[™] has successfully helped children with numerous physical and cognitive disabilities or challenges including autism, Down's Syndrome, amputations, brain injury, cerebral palsy, spina bifida and ADHD.

- Participant must have a physical and/or mental disability
- Participant must be able to walk without an assistive device
- Participant must be able to follow directions
- Adaptive bikes provided and scholarships available
- Cost: \$250 per participant/scholarships available
- Volunteers and sponsors needed

LOCATION: Notre Dame College, South Euclid, OH For more information or registration please contact: Megan McMahon, <u>meganlttwcle@hotmail.com</u> 216-533-2608

Thank you to our generous sponsors!

